

Reducing Administrative Burden and Improving Patient Access

The AAO-HNS believes that Congress can, and should, pass legislation to eliminate the various administrative hurdles that interfere with the doctor-patient relationship and to care. Physicians are overburdened by administrative functions at the point of care and after patient care hours—which is further compounded by the lack of harmonization in these functions across public and private payers. Physicians report that prior authorization and step therapy requirements are continually increasing, hindering their ability to provide the best quality care to patients, and putting financial strain on practices.

The volume of administrative tasks imposed on physicians represents the most immediate threat to the delivery of high-quality, timely care to patients, as well as exacerbating physician burnout.

Modernizing Step Therapy Protocols

Health insurance companies and pharmacy benefit managers (PBMs) frequently employ step therapy protocols, which require patients to try and fail a lower-cost drug before approval and coverage of . **These protocols**

inherently focus on insurer and PBM profits first

